

# Health History Form

\*Please read carefully and fill out each section completely. Leave nothing blank, if something doesn't apply state N/A or none.

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ lbs.

Drug Allergies: \_\_\_\_\_

Medication List (include herbals & vitamins): \_\_\_\_\_

Prior Surgeries and Anesthetics: \_\_\_\_\_

Previous complications or problems with anesthesia?  Y/  N Family history of problems with anesthesia  Y/  N

If yes to either please explain: \_\_\_\_\_

Scheduled Procedure: \_\_\_\_\_ Doctor: \_\_\_\_\_

**Past Medical History: Check any of the following that apply, if negative check none**

**Cardiovascular (Heart):**  None  
 High Blood Pressure  
 High Cholesterol  
 Abnormal Heart Rhythm  
 Chest Pain  
 Heart Murmur  
 Congestive Heart Failure (CHF)  
 Ejection Fraction (EF): \_\_\_\_\_  
 Pacemaker  
 Previous Heart Attack  
 Date: \_\_\_\_\_ Stents: \_\_\_\_\_  
 Coronary Artery Disease  
 Heart Valve Disease  
 Peripheral Vascular Disease  
 Other: \_\_\_\_\_

**Respiratory (Lungs):**  None  
 Recent cold, cough, strep throat  
 Date: \_\_\_\_\_  
 Asthma  
 COPD  
 Emphysema  
 Home Oxygen use  
 Chronic Cough  
 Smoking/Vaping  
 Pack per day: \_\_\_\_\_  
 Years used: \_\_\_\_\_  
 Current: \_\_\_\_\_ Date Quit: \_\_\_\_\_  
 Sleep Apnea  CPAP  
 Snoring  
 Seasonal Allergies  
 Bronchitis/Pneumonia  
 Shortness of Breath  
 Other: \_\_\_\_\_

**Neurologic (Brain)/Musculoskeletal:**  None  
 Stroke/TIA (mini stroke)  
 Date: \_\_\_\_\_ Residual problems: \_\_\_\_\_  
 Seizure Disorder  
 Date of last Seizure: \_\_\_\_\_  
 Neuroopathy  
 Headaches/Migraines  
 Loss of Consciousness (Syncope)  
 Arthritis  
 Degenerative Disc Disease  
 Numbness/Weakness Hands or Feet  
 Paralysis  
 Chronic Back Pain  
 Fibromyalgia  
 Scoliosis  
 Cerebral Palsy  
 Muscular Dystrophy  
 Other: \_\_\_\_\_

**Stomach/Liver/Kidneys:**  None  
 Acid Reflux/Heartburn/GERD  
 Peptic Ulcer Disease  
 Hiatal Hernia  
 Bowel Obstruction  
 Chronic Nausea/Vomiting  
 Liver Cirrhosis  
 Hepatitis    A    B    C  
 Fatty Liver  
 Chronic Kidney Disease  
 Stage: \_\_\_\_\_  
 End Stage Renal Disease (ESRD)  
 Dialysis: Dialysis Schedule: \_\_\_\_\_  
 Kidney Stones  
 Benign Prostatic Hyperplasia (BPH)  
 Urinary Retention  
 Other: \_\_\_\_\_

**Endocrine:**  None  
 Diabetes  
 Type I  Type II  
 Insulin Dependant  Oral Meds  
 Hemoglobin A1C: \_\_\_\_\_  
 Thyroid Disorder  
 Hypothyroid  Hyperthyroid  
 Adrenal Disorder  
 Metabolic Disorder  
 Weight Loss treatment or surgery  
 (Wt loss medication Phentermine must be stopped 14 days before surgery)  
 Other: \_\_\_\_\_

**Blood/Bleeding Disorder:**  None  
 Anemia  
 Sickle Cell Disease  
 Deep Vein Thrombosis (DVT)  
 Pulmonary Embolism (PE)  
 Blood Transfusion History  
 Date: \_\_\_\_\_ Reason: \_\_\_\_\_  
 Easy Bruising, bleeding tendencies  
 HIV/AIDS  
 Other: \_\_\_\_\_

**Other:**  None  
 Cancer- Type: \_\_\_\_\_  
 Treatment: \_\_\_\_\_  
 Depression/Anxiety  
 PTSD  
 Down's Syndrome  
 ADD/ADHD  
 Autism  
 Developmental Delay  
 Alcohol Use- Frequency: \_\_\_\_\_  
 Amount: \_\_\_\_\_  
 Substance Abuse/Recreational Drugs  
 Substances Used: \_\_\_\_\_  
 Current:  Past   
 Date of last use: \_\_\_\_\_

**Recent Tests/Labs/Doctor Visits:**  None  
 \*If applicable report any abnormal findings & date of exam.  
 EKG- Results: \_\_\_\_\_  
 Echocardiogram-Results: \_\_\_\_\_  
 Cardiac Evaluation-Date: \_\_\_\_\_  
 Stress Test- Results: \_\_\_\_\_  
 Pulm Function Test: \_\_\_\_\_  
 Labs: Hemoglobin: \_\_\_\_\_  
 Hematocrit: \_\_\_\_\_  
 Platelet Count: \_\_\_\_\_  
 Potassium: \_\_\_\_\_  
 Sodium: \_\_\_\_\_  
 Creatinine: \_\_\_\_\_  
 BUN: \_\_\_\_\_  
 Blood Glucose: \_\_\_\_\_  
 Other: \_\_\_\_\_

I have read fully and completed this form to the best of my knowledge

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Preanesthesia Evaluation/Assessment: *Completed by Anesthesia Provider***

Pre-procedure Vital Signs: NIBP: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_ HR: \_\_\_\_\_ SPO2: \_\_\_\_\_ RR: \_\_\_\_\_ Temp: \_\_\_\_\_ NPO since: \_\_\_\_\_

ASA Physical Status: <input type="checkbox"/> I <input type="checkbox"/> II <input type="checkbox"/> III	<b>Assessment</b>	
Mallampati Score: <input type="checkbox"/> I <input type="checkbox"/> II <input type="checkbox"/> III <input type="checkbox"/> IV	Cardiac: _____ WNL	Endocrine: _____ WNL
Anesthesia Technique/Plan:	Pulmonary: _____ WNL	Stomach/Liver/Kidney: _____
<input type="checkbox"/> IV Sedation/Nasal Cannula	Neurologic: _____ WNL	_____ WNL
<input type="checkbox"/> General Anesthesia/Intubation	Airway/Teeth/Neck: _____	Bleeding disorder: _____ WNL
	_____ WNL	Other: _____ WNL

Prior to procedure: chart reviewed, anesthetic plan discussed with patient and/or legal guardian, and all questions answered

Anesthesia Provider Signature: \_\_\_\_\_ CRNA Date: \_\_\_\_\_ Time: \_\_\_\_\_

## Informed Consent for Anesthesia Services

Initial \*Please read carefully, initial each section, and sign at bottom.

\_\_\_\_\_ The following is to inform patients of choices and risks involved with having treatment under anesthesia. By involving Pusch Ridge Anesthesia you are choosing to have either deep sedation or general anesthesia with intubation. Most patients remain drowsy the remainder of the day. A responsible adult must be available to provide a ride and assistance home.

\_\_\_\_\_ I understand anytime anesthesia is administered there are potential risks involved. Some mild and more common risks of anesthesia can include nausea, vomiting, temporary confusion, and sore throat (if intubation is performed). Rare complications of anesthesia can include but are not limited to: allergic reaction, phlebitis (redness and swelling at injection site), infection, bleeding, hoarseness, vocal cord damage, aspiration, pneumonia, headache, peripheral nerve injury, muscle soreness, paralysis, eye injury, awareness under anesthesia, heart attack, stroke, brain damage, coma, and death. If nasal intubation is performed complications can include nasal soreness, epistaxes, sinusitis, turbinectomy, and retropharyngeal perforation. It is normal and expected to experience throat soreness for one to two days after intubation.

\_\_\_\_\_ I have informed my anesthesia provider of all my medical history, surgical history, prescription and non-prescription medication including herbals, and any recreational drug and/or alcohol use.

\_\_\_\_\_ I understand that accidental dental injury is a potential complication of anesthesia. I have let my anesthesia provider know of any removable partials, bridges, or dentures and/or any loose, cracked, chipped, or otherwise damaged teeth. I agree the anesthesia provider cannot be held responsible for any dental injury that may occur during the anesthesia period.

\_\_\_\_\_ I have been informed and intend to follow the pre and post anesthesia instructions including refraining from food for a period of 8 hours and clear liquids for 2 hours prior to the scheduled procedure time.

\_\_\_\_\_ I have let my nurse anesthesiologist know of any known drug allergies or adverse reactions I have experienced in the past.

\_\_\_\_\_ I certify that the nurse anesthesiologist has explained the anesthetic plan sufficiently and answered all of my questions regarding anesthesia.

### Women of Childbearing Age:

\_\_\_\_\_ I understand that anesthetics can be harmful to the unborn child and may cause birth defects or spontaneous abortion. I accept full responsibility for informing my nurse anesthesiologist of the possibility of being pregnant. By initialing I attest that I am not currently pregnant. I am advised to obtain a negative pregnancy test prior to receiving anesthesia. By signing this agreement I choose to proceed with the scheduled treatment under anesthesia and accept the risks and responsibilities of doing so.

I have read and understand the risks associated with the administration of anesthesia and agree to proceed

Printed Patient Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_ Date: \_\_\_\_\_